

## SPORTS



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### 2015 All-Central Coast Section cross country teams

Gunn senior Gillian Meeks, Palo Alto junior Kent Slaney and Menlo School sophomore Robert Miranda all ran to first-team honors on the 2015 All-Central Coast Section cross country teams, released this week.

Meeks was the Division II individual champion at the CIF State Championships this season in a school record-tying 17:16 for 3.1 miles in addition to defending her CCS Division II crown and competing in the Nike Cross Nationals.

Slaney also raced at the state meet after winning individual honors in Division I for the first time at the CCS finals. He helped the Vikings finish second at CCS and qualify as a team for the state finals.

Miranda was third in the CCS Division IV race, ran in the state finals and finished ninth in a personal best of 15:40.2 while becoming the No. 3 CCS runner among all divisions. He set league and school records during the season.

#### 2015 ALL-CCS CROSS COUNTRY TEAMS

#### BOYS

##### First Team

- Justin Robison (Lynbrook) Sr. D-2
- Roman Munoz (King City) Jr. D-4
- Kent Slaney (Palo Alto) Jr. D-1
- Meikael Beaudoin-Rousseau (Bellarmine) So. D-1
- Nolan Dozier (Sobrato) Sr. D-2
- Robert Miranda (Menlo School) So. D-4
- Graham Faust (Half Moon Bay) Sr. D-4

##### Second Team

- Matthew Richardson (Bellarmine) Jr. D-1
- Ben Zaeske (Los Altos) Sr. D-2
- Brent Mogenson (Monta Vista) Sr. D-1
- Jorge Estrella (Andrew Hill) So. D-1
- Chris Reed (Homestead) Sr. D-1