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Cross country shows improvement

Team looks to bounce back from loss to Bellarmine and win next meet

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Paly's boys cross country team placed second overall at the Stanford Invitational.

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Palo Alto High School's cross-country team is in the middle of their season with the boys winning the Crystal Springs meet on Oct. 6 and girls placing third.

The success followed disappointing losses to Bellarmine High School at the Lynbrook High School meet and Stanford Invitational, despite several strong individual performances.

"[The boys] got second at the Stanford Invitational in the Division 1 race," boys senior captain Samuel Desré said. "Everyone on the team got personal records and Kent Slaney won the race."

Certain individual runners such as juniors Kent Slaney and Naveen Pai have done exceptionally well throughout this year. However, the team has yet to come together and execute as a whole.

"We can't really run as a pack because we're more spread out," Desré said. "Kent is [usually] 30 seconds ahead of all of us, so we really have a larger spread of our times — more than a minute."