

# 2015 Stanford XC Invitational Meet Preview

**ALBERT CARUANA**

Stanford Invitational  
Sep 24, 2015



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Now that we are nearing the end of September, it's time for teams to start showing their varsity team arsenal in advance of the section and state meets later in the season. There is no better meet in Northern California that brings all the best varsity teams in this area (and out) than the Stanford Invitational. Despite the typical late September heat, eye opening performances will take place throughout the day with the usual contenders as well as new talent emerging, making their first major statement. 2783 athletes are signed up to compete following the schedule below which includes the 2 college races surrounded by all the divisional and seeded races.

### Schedule of Events

- 9:00AM Varsity Boys 5K Divisions 4
- 9:25AM Varsity Girls 5K Divisions 4
- 9:50AM College Race 6K Women's
- 10:30AM College Race 8K Men's
- 11:00AM Varsity Boys 5K Division 1
- 11:30AM Varsity Girls 5K Division 1
- 12:00PM Varsity Boys 5K Seeded
- 12:30PM Varsity Girls 5K Seeded
- 1:00PM Varsity Boys 5K Division 2
- 1:30PM Varsity Girls 5K Division 2

### Division I (Boys and Girls)

This is always an interesting race due to the fact that many of the top teams here choose to move up to the seeded race. Three of those teams will be **Arcadia** (SS), **Bellarmine** (CCS) and **Jesuit** (SJS) who will both compete in the Division I race here as well as the seeded race. Despite competing with their "JV" teams, all three teams will challenge for top spots here. Another factor is some of the smaller schools end up getting shut out of their own divisional race and move up here just like **King City** did last year, finishing in 2nd place. **San Benito** (CCS) is always a hard charging team that is never afraid to go from the front so look for them early in the race. **De La Salle** (NCS) has been more than just a football school and their almost as successful XC team competes extremely well yearly in this division. Stanford Invite high school host **Palo Alto** (CCS) will be among the contenders as well after winning one of the heats at the Lowell Invitational. They will be led by **Kent Slaney**, the individual winner at the same meet.