

PALO ALTO WEEKLY



Sports - October 23, 2015

Sports Shorts

RUN CHAMPS . . . Palo Alto junior Kent Slaney and Gunn senior Gillian Meeks ran to individual titles and helped their respective teams win crowns at the third SCVAL cross-country meet of the season on Tuesday. Slaney and Meeks wound up winning all three league meets and helping their squads to team titles in all three. Slaney ran 15:31.9 over the 3.1-mile course at Baylands Park in Sunnyvale to hold off Justin Robison of Lynbrook (15:45.7).

Slaney's time blew away the course record of 15:47.2 set in 2001 by Yohanness Estifanos of Milpitas. It also surpassed the previous best by a Paly runner (16:08.2 by Lucas Matison in 2013) in addition to being a huge improvement over Slaney's previous best on the course, a 16:59 in 2013. Meeks clocked 17:47.6 to just miss the course record by 2.6 seconds after she took a wrong turn near the end of the race. She still ranks No. 3 all-time on the course after improving upon last year's time of 17:54.9. Former Gunn standout Sarah Robinson holds the course record of 17:45 (2013) with Menlo grad Lizzie Lacy No. 2 at 17:46.9 (2014). With Slaney leading the way, the Paly boys tallied 38 points to easily win the team crown in the 14-school race. Los Gatos (95) and Lynbrook (120) trailed the Vikings. Paly junior Naveen Pai was fourth in 16:21.5 and sophomore Sam Craig was ninth in 16:39.3. Paly had the fastest times for juniors, sophomores and freshmen. Gunn was fourth with 125 points as Reid Kovacs ran 10th in 16:45.7. For the girls, Gunn ran away with the team crown by scoring 54 points. Los Gatos was second (107) and Palo Alto third (112). Gunn junior Illi Gardner was fifth in 18:59.3 and teammates Joyce Shea (10th in 19:56.5) and Claire Hu (15th in 20:37.0) cracked the top 15.



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Sunday, November 1 | 1:00pm - 3:30pm