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Gunn's Meeks runs to cross country title at CIF State Meet

It has been quite a season in cross country for Gunn senior Gillian Meeks, who won all three Santa Clara Valley Athletic League races before winning the SCVAL El Camino Division and Central Coast Section Division II races.

Yet, Meeks was even better on Saturday as she ran off with the Division II individual crown at the CIF State Cross Country Championships at Woodward Park in Fresno.

Meeks toured the 3.1-mile (5,000 meters) course in a personal record of 17:16.0, averaging 5:33.1 per mile while winning the title by 5.3 seconds over Megan McCandless of Granada.



Gunn senior Gillian Meeks (710) captured the Division II title at the CIF State Cross Country Championships on Saturday at Woodward Park in Fresno.

"I felt great today," Meeks said in an interviev

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The only other local team entered was Palo Alto in the boys' Division I race. The Vikings this rac had junior Kent Slaney leading the way, but Slaney managed just a 63rd-place finish in thankfu 16:08 while running on a sore knee. He was the seventh-fastest CCS runner in the race this tod after winning the section title two weeks ago.

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The Paly boys finished 15th in the team race. The Vikings were 18th going through the first cares a mile, and jumped all the way 14th at 2 miles and then the final of 15th place. me real

"It was great to see the boys truly leave everything they had all the way through the finish "Super line," said Paly coach Kelsey Feeley. PattiSu

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Keith Peters/Palo Alto Online Sports

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