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Palo Alto boys get track season off and running with a win

With junior Kent Slaney running to a pair of meet records, the Palo Alto boys opened their 2016 track and field dual-meet season in the SCVAL De Anza Division with an 82-45 victory over visiting Lynbrook on a rainy Thursday afternoon.

Slaney won the 1600 meters (4:33.07) and 3200 (9:36.35) while defeating rival Justin Robison of Lynbrook in both events. The two went head to head during the cross-country season, as well, and rank among the top distance runners in the Central Coast Section.

Palo Alto senior Eli Givens, the two-time CCS champ in the 100 meters, got his season under way with a pair of individual victories - taking the 100 (11.21) and 200 (22.75) in addition to running legs on the winning 400 relay (43.76) and 1600 relay (3:32.83). Slaney also ran a leg on the metric mile relay.

Tommy Vonghom added victories in the 110 high hurdles (16.72) and 300 intermediate hurdles (42.73) for the Vikings.



Eli Givens (left) and Austin Cox (right) helped Palo Alto sweep the 100 meters during a dual-meet win over visiting Lynbrook on Thursday.





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