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State track and field meet ends in distinction for athletes

For just about 10 minutes Saturday night, Menlo School junior Robert Miranda and Palo Alto senior Kent Slaney ran among the best 3,200 meter runners California had to offer. Gunn senior Margaret Redfield had a little more time to mingle with the best women high jumpers in the state.

It was their reward for all the hard work, perseverance dedication they put in. For every race under the lights at a big meet like the California state track and field meet, there are weeks and months and years of preparation that go into it.

Every athlete who strives to be the best has had to overcome pain, injury, academic rigors and conflicting interests. It's the nature of sport, much like the nature of life, where difficult choices await.

Competing in the finals is an achievement in itself. A 10th or 11th place finish may not seem like much on paper but it is more than just the result.

Redfield, who finished 11th in the girls high jump at 5-2, and Slaney, who finished 11th in the 3,200 in 9:13.99, will both he attending M.I.T. in the fall. Miranda, who was 10th in the 3,200 in 9:13.84, is on a path to a similar destination.



Kent Slaney finished 11th in the 3,200 at the state meet Saturday night, just behind Menlo's Robert

